# The 2007-08 Bruin Swim & Dive Teams







# **Quick Facts/Table of Contents**



UCLA C	Quick Facts
Location	J.D. Morgan Center
	325 Westwood Plaza
	Los Angeles, CA 90095
Athletics Phone	(310) 825-8699
Ticket Office	(310) UCLA-WIN
Chancellor	Dr. Gene Block
Director of Athletics	Dan Guerrero
Associate AD	Ken Weine
Faculty Athletic Rep	Donald Morrisor
Home Pool St	udent Activity Center Pool (swim
Sunse	t Canyon Recreation Center (dive
Enrollment	37,500
Founded	1919
Colors	Blue & Gold
Nickname	Bruins
Conference	Pacific-10
Conference Office Phone	(925) 932-4411
National Affiliation	NCAA Division
Swimming & Divi	ing Staff Information
Head Coach	Cyndi Gallagher (UCLA ' 83)
Gallagher's Phone	(310) 206-6784
Record at UCLA (Years)	113-55-1 (19
Career Record (Years)	Same
Diving Coach	Tom Stebbins (Yale '96
Stebbins' Phone	(310) 206-1969
Assistant Swim Coach	Erika Hansen (Texas '92)
Volunteer Assistant Swim Coa	ach Kim Vandenberg
Team Manager	Alex Nguyer
Athletic Trainer	Kristin Lage
Student Trainers	Sara Brooner, Matthew Wong
Strength/Conditioning Coach	n Jill Robinsor
Massage Therapist	Dr. Brian Campbel
Physical Therapist	Debbie Iwasak
Sports I	nformation
Sports Information Director	Stephanie Sampsor
SID Phone	(310) 206-4008
SID E-mail	ssampson@athletics.ucla.edu
SID Fax	(310) 825-8664
Website	www.uclabruins.com
FanFone	(310) 825-8575

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On the cover: All-Americans Anna Poteete, Marisa Samaniego, Tess Schofield and Nicolette Teo.

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# 2007-08 Schedule/NCAA Standards

Date	Opponent/Meet	Location	Time
Fri, October 5	Idaho	Men's Gym Pool*	2:00pm
Sat, October 13	@ UC Santa Barbara/vs. Oregon State (swim only)	Santa Barbara, CA	12:00pm
Sat, October 27	University of San Diego	Men's Gym Pool*/Sunset Rec^	10:00am (dive)/12:00pm (swim)
Fri-Sat, November 2-3	@ Trojan Invitational (dive only)	Los Angeles, CA	10:00am
Fri, November 9	@ Arizona State	Tempe, AZ	2:00pm
Sat, November 10	@ Arizona	Tucson, AZ	12:00pm
Fri-Sun, November 15-17	@ Hoosierland Invitational (dive only)	Bloomington, IN	All Day
Fri-Sun, November 15-17	@ Nike Cup (swim only)	Long Beach, CA	All Day
Thur-Sat, November 29-December 1	@ Short Course National Championships (swim only)	Atlanta, GA	All Day
Sun, December 2	@ Long Course National Championships (swim only)	Atlanta, GA	All Day
Fri, January 4	@ UC San Diego (swim only)	San Diego, CA	11:00am
Fri-Sat, January 18-19	@ Hawaii Invitational (dive only)	Honolulu, HI	All Day
Sat-Mon, January 19-21	@ Long Beach Grand Prix (swim only)	Long Beach, CA	All Day
Fri, February 1	Stanford	Men's Gym Pool*/Sunset Rec^	12:00pm (dive)/2:00pm (swim)
Sat, February 2	California	Men's Gym Pool*/Sunset Rec^	12:00pm
Fri, February 15	USC	Men's Gym Pool*/Sunset Rec^	12:00pm
Wed-Sat, February 27-March 1	Pac-10 Swimming Championships	Long Beach, CA	All Day
Thur-Sat, February 28-March 1	Pac-10 Diving Championships	Federal Way, WA	All Day
Sun, March 2	Pac-10 Swimming Invitational	Long Beach, CA	11:00am
Thur-Sat, March 10-12	NCAA Zone E Diving Championships	Oklahoma City, OK	All Day
Thurs-Sat, March 17-19	NCAA Championships	Columbus, OH	All Day

Home meets in **bold** 

<sup>^</sup> Sunset Canyon Recreation Center















October 13

November 9

November 10

February 1

February 2

February 15

Dive-February 27-March 1 Swim-February 28-March 1

2007-08 NCAA QUALIFYING STANDARDS						
	25-YARD COURSE		25-METE	R COURSE	50-METER COURSE	
EVENT	Α	В	Α	В	Α	В
EVENI	STANDARD	STANDARD	STANDARD	STANDARD	STANDARD	STANDARD
50 Freestyle	22.62	23.29	25.25	26.00	25.98	26.75
100 Freestyle	49.42	50.90	55.16	56.81	56.55	58.24
200 Freestyle	1:47.09	1:50.30	1:59.53	2:03.11	2:02.54	2:06.21
500 Freestyle	4:45.46	4:54.02	4:09.75	4:17.24	4:16.71	4:24.41
1650 Freestyle	16:23.54	16:53.04	16:20.60	16:50.01	16:48.76	17:19.02
100 Butterfly	53.75	55.36	59.99	1:01.79	1:01.29	1:03.13
200 Butterfly	1:58.99	2:02.55	2:12.81	2:16.78	2:15.07	2:19.11
100 Backstroke	54.38	56.01	1:00.70	1:02.52	1:03.76	1:05.67
200 Backstroke	1:57.32	2:00.83	2:10.94	2:14.86	2:16.90	2:21.00
100 Breaststroke	1:01.85	1:03.70	1:09.03	1:11.10	1:11.10	1:13.22
200 Breaststroke	2:14.19	2:18.21	2:29.77	2:34.26	2:32.84	2:37.42
200 Individual Medley	2:00.34	2:03.95	2:14.31	2:18.34	2:18.81	2:22.97
400 Individual Medley	4:15.63	4:23.29	4:45.31	4:53.86	4:51.82	5:00.57
200 Freestyle Relay	1:31.01	1:33.74	1:41.58	1:44.63	1:44.49	1:47.63
400 Freestyle Relay	3:18.39	3:24.34	3:41.42	3:48.06	3:47.00	3:53.80
800 Freestyle Relay	7:10.49	7:23.40	8:00.46	8:14.87	8:12.56	8:27.33
200 Medley Relay	1:39.49	1:42.47	1:51.04	1:54.37	1:54.49	1:57.92
400 Medley Relay	3:38.02	3:44.56	4:03.33	4:10.63	4:11.18	4:18.72

- 1-Meter Diving Points Dual 255/265\*\*\*
- 3-Meter Diving Points Dual 270/280\*\*\*
- Platform Diving Points Dual 260/225###
- \*\*\*qualifying point total when using six optional dives with standard D.D.
- ###qualifying point total when using five optional dives with standard D.D.

<sup>\*</sup>Men's Gym Pool is also known as the Student Activity Center (SAC) Pool

# **SWIMMERS**

Name	Yr.	Ht.	Events	Hometown (High School/Previous College)
Ashley Anlauf	So.	5-10	Sprint Free	Hinsdale, IL (Hindsdale Central)
Brittany Beauchan	Fr.	5-5	Breaststroke	Kailua, HI (Punahou School/Kalaheo)
Emily Bibb	Fr.	5-10	Freestyle	Simi Valley, CA (La Reina)
Ellen Brooks	Jr.	5-9	Distance Free	Baltimore, MD (Bryn Mawr)
Lindsey Buchbinder	Fr.	5-5	Breaststroke	Huntington Beach, CA (Los Alamitos)
Kirsten Byers	So.	5-8	Butterfly	Puyallup, WA (Bellarmine Preparatory)
Kelly Colligan	Fr.	6-0	Sprint Free	Manhattan Beach, CA (Mira Costa)
Cara Davidoff	Sr.	5-10	Sprint Free	Brentwood, CA (Palisades Charter/Tulane)
Isabell Fischer	So.	6-1	Back/Free	Leipzig, Germany (Henry Foss/Sportsgymnasium Leipzig)
Kristen Fischer	Jr.	5-6	IM/Breast	Centennial, CO (Cherry Creek)
Erin Frizzell	Jr.	5-9	Backstroke	Boise, ID (Bishop Kelly/Duke University)
Shannon Hackett	Sr.	5-11	Free/Fly	Vancouver, BC (Collingwood School)
Lauren Hall	Fr.	5-6	IM/Back	Seattle, WA (Holy Names Academy)
Julie Imagane	So.	5-7	Distance Free	Walnut, CA (Troy)
Carly Lyons	Fr.	5-8	Backstroke	Alpharetta, GA (Chattahoochee)
Dani Milligan	Fr.	5-6	IM	Scottsdale, AZ (Pinnacle)
Alexandra Nalevanko	So.	5-9	Back/Fly	Camarillo, CA (Adolfo Camarillo)
Silke Nowotzin	Jr.	5-7	Freestyle	Essen, Germany (Helmholtz/U. of Florida)
Chelsea Pike	Fr.	5-6	Freestyle	Corona Del Mar, CA (Corona Del Mar)
Anna Poteete	Jr.	6-0	Sprint Free/Back	Santa Cruz, CA (Harbor)
Madeleine Stanton	Jr.	5-8	Backstroke	Kingwood, TX (Kingwood)
Alex Sullivan	Fr.	5-7	Freestyle	Newbury Park, CA (Newbury Park)
Nicolette Teo	Sr.	5-8	Breaststroke	Singapore (Mission Viejo)
Sam Vanden Berge	Fr.	5-7	Distance Free/IM	Whittier, CA (La Serna)
Katie Wong	So.	5-5	Freestyle	Santa Monica, CA (Harvard Westlake)
Katherine Wong	Sr.	5-7	Freestyle	San Mateo, CA (Aragon)
Chiemi Yamamoto	Sr.	5-3	IM/Breast	Fukuoka-shi, Japan (Shuyukan)

# DIVERS

Name	Yr.	Ht.	Hometown (High School)
~~~~~~~	~~~	$\sim\sim\sim$	~~~~~`· <del>*</del> ~~~`~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
Morgan Erpenbeck	Fr.*	5-5	Crestview Hills, KY (Dixie Hieghts)
Brittany Hill	Jr.	5-5	Cincinnati, OH (Indian Hill)
Shannon Pirozzi	Jr.	5-0	Irvine, CA (California)
Marisa Samaniego	Jr.	5-5	Altadena, CA (Flintridge Sacred Heart Academy)
Tess Schofield	Jr.	5-10	Mission Viejo, CA (Mission Viejo)
Laura Winn	Fr.	5-6	Lafayette, CA (Acalanes)
* 2006-07 Reshirt			

**Head Swimming Coach:** Cyndi Gallagher, 20th Year (UCLA '83) **Head Diving Coach:** Tom Stebbins, 10th Year (Yale '96)

**Assistant Swimming Coach:** Erika Hansen, Third Year (Texas '93)

Volunteer Assistant Coach: Kim Vandenberg

Staff Athletic Trainer: Kristen Lage

Student Trainer: Sara Brooner, Matthew Wong Strength & Conditioning Coach: Jill Robinson Massage Therapist: Dr. Brian Campbell Physical Therapist: Debbie Iwasaki Nutritionist: Becci Twombley

Academic Counselor: Linda Lassiter; Learning Specialist: Sabrina Youmans

Team Manager: Alex Nguyen

# $:: S_{\text{QUAD}} \Delta_{\text{NALYSIS}} ::$

**2006-2007 All-Americans Returning (4):** Anna Poteete, Nicolette Teo, Marisa Samaniego, Tess Schofield

**Class Breakdown:** Seniors (5), Juniors (10), Sophomores (6), Freshman (12)

**State Breakdown:** Arizona (1), California (16), Colorado (1), Georgia (1), Hawaii (1), Idaho (1), Illinois (1), Kentucky (1), Maryland (1), Ohio (1), Texas (1), Washington (2)

Country Breakdown: Canada (1), Germany (2), Japan (1), Singapore

# :: PRONUNCIATION GUIDE ::

:: PRONUNCIATION GUIDE ::					
Ashley Anlauf	Ann-Loff				
Brittany Beauchan	Bow-shawn				
Lindsey Buchbinder _	Buck-bind-er				
Carly Davidoff	Day-vih-doff				
Erin Frizzell	Frih-zell				
	Ih-MAH-guh-nee				
Alexandra Nalevanko	Nah-leh-Von-koe				
Silke Nowotzin	Zihl-kuh Newl-Vutz-ehn				
	Pih-Roe-Zee				
Anna Poteete	On-uh Poe-Teete				
Marisa Samaniego	sah-MuN-yego				
Tess Schofield	SKO-Field				
Samantha Vanden Bei	rge Van-den-Berg				
Chiemi Yamamoto	chee-em-ee				



**Swimming Outlook** 

The UCLA swim team lost 3 All-Americans to graduation last season, but a new and very talented freshmen class has come to Westwood. The Bruins will look to these freshmen to make an immediate impact with their racing abilities. They will compliment a strong contingent of returnees and together this year's team is poised to make an impact in 2007-08. Returning All-Americans, Anna Poteete and Nicolette Teo, and a determined senior class are committed to leading the Bruins to another successful season. Despite it being a rebuilding year, this young but capable team will be in the mix at a tough Pac-10 Championships and has the expectation of scoring more individuals for swims at the NCAA Championships in March.

The Bruins have been there before. Under the leadership of Coach Cyndi Gallagher, UCLA has won the Pac-10 title twice in the last 6 years. The Bruins have also finished in the Top-10 ten times in Coach Gallagher's 19 year tenure. So when Gallagher says that this year's team has all the skills it needs to make its presence felt at the Pac-10s and the NCAA's, she speaks with authority.

With the goal of improving on the team's finish at both the Pac-10 and NCAA Championships, the seniors and captains of this year's team will play a critical role in leading a strong but inexperienced group of underclassmen. Gallagher sees this year's team as a "determined, hardworking and competitive group of women. It is the commitment and desire of our upperclassmen that we are depending on. It is the vested interest that our swimmers have in the success of each and every one of their teammates that will bring us to the next level."

## **Sprint Freestyle**

Though this event group graduated NCAA scorers Katie Arnold and Amy Thurman, All-American Anna Poteete returns after a strong sophomore campaign in which she came back from a broken elbow to score at the NCAA meet. Poteete scored at U.S. Nationals this past summer and is eager to lead the UCLA sprint group and certain to be a pivotal cog in the relays. She is always ready and willing to lay it on the line for her teammates and she has that wonderful ability to rise to the occasion.

The team boasts some depth in the sprints. Senior Katherine Wong has improved consistently over the last three years and enjoys the challenge of the relays. She will vie for coveted relay spots along

with sophomore Ashley Anlauf, who improved leaps and bounds as a freshman. Senior Cara Davidoff, who is coming off of an outstanding summer of training, and sophomore Katie Wong, all look to make big contributions to the team.

UCLA returners will also have the aid of some speedy freshmen in Emily Bibb, Alex Sullivan, Kelly Colligan and Chelsea Pike. Their enthusiasm and love of racing will without a doubt inspire great performances among the sprint group.

### Middle/Distance Freestyle

The Bruins have the hard task of replacing All-American and twotime Pac-10 champion Katie Nelson, but standout freshmen Samantha Vanden Berge looks to be the heir apparent in the distance races. She is a CIF champion in the 500 free and an Olympic Trials qualifier in the 200, 400, 800 freestyle and 400 IM and will be expected to make an immediate impact. Joining Vanden Berge as a key contributor will be fellow freshman and CIF champion Emily Bibb, who is an ace 100/200/500 freestyle racer. An Olympic Trials qualifier in the 200/400 events, she also has sprint ability in the 100 free and will see action in the sprints and in the relays.

Pac-10 scorers Shannon Hackett, Silke Nowotzin, Julie Imagane and Ellen Brooks will add depth to this group as all had a strong 2006-2007 season.

### Butterfly

The fly group has some big fins to fill having lost key flyer, Amy Thurman, to graduation last season. Sophomore Kirsten Byers, who advanced to her first U.S. National meet this past summer, and senior Shannon Hackett are excited to show their prowess this season as leaders in this position. Byers is an accomplished underwater kicker and has continued to improve her strength while Hackett has already shown that she is threat in the 200 butterfly event.

### **Backstroke**

All-American Katie Arnold's talent in the backstroke are gone as she has graduated, but Madeleine Stanton, one of this year's team captains, is ready and able to step up and help the team. Last year's midyear arrival of Isabell Fischer has made some noise and will be expected to be a contributor in the backstroke events as well. Newcomer Carly Lyons, an Olympic Trials qualifier in the 100 back,

should make an immediate impact on the team, while freshman Lauren Hall, junior transfer Erin Frizzell and sophomore Alexandra Nalevanko will add depth to the group.

#### **Breaststroke**

By far this event group is one of the strongest of this year's team as All-American Nicolette Teo leads the way. Along with fellow senior All American, Chiemi Yamamoto, and Kristen Fischer, this trio will look to get the job done in the pool. Freshmen and Olympic Trial qualifier, Brittany Beauchan and freshman Lindsay Buchbinder should also be key contributors in this group.

### **Individual Medley**

Yamamoto will lead a strong IM core that features junior co-captain Kristen Fischer and several solid freshmen swimmers in Hall, Danielle Milligan and Vanden Berge, all of whom are Olympic Trial qualifiers in the 400 IM. All of these swimmers have great versatility and are strong in multiple events. There are several potential NCAA qualifiers among this group.

### Relays

This year the Bruins will look to field strong freestyle relays from an abundant pool talent and great depth throughout this year's team. Though the Bruins will need to find replacements for Arnold and Thurman, who have graduated, to field a strong medley relay team, there is no shortage of talent in which to draw. "Relays," says Coach Gallagher, "are a source of pride for this team. "We have lots of potential. It's just a matter of who will step up and seize the opportunity. I have no doubt that this group of women will accept the challenge. It is all about Bruin Pride."

# **Dive Outlook**

The Bruins have won this area at the Conference Championship three of the past seven years. With losses of All-American Honorable Mention honoree Sara Clark and NCAA qualifier Amanda Blong to graduation, this year's squad will look to its juniors to carry the load. Returning All-American Marisa Samaniego and Honorable Mention honoree Tess Schofield will lead the group, while juniors Brittany Hill and Shannon Pirozzi will follow suit. Redshirt freshman Morgan Erpenbeck and frosh Laura Winn will provide the depth required to once again make a run at the Conference Title.

"I really like this year's group," said dive coach Tom Stebbins. "While we have been very fortunate in the long term depth of our program, losing two NCAA qualifiers from last year's team will only create opportunities for those younger to step up and fill a greater role." I am extremely pleased with our attitude and work ethic early. While we have a very long way to go in order to reach our potential, we have many months of good work behind us already."

Marisa Samaniego returns as one of the school's more decorated Bruin Divers. Her finishes at last year's NCAA Championships (6th-1M), Pac-10 Conference Meet (2nd on both 1M and 3M), and NCAA Zone E Championships (3rd-1M, 4th-3M), followed with this summer's seventh-place finish on 1M at the Senior National Championships all bode well for this junior. "Marisa's work has been outstanding. We are just a couple of small pieces away from her mimicking her one meter success in the three meter event. I very much look forward to getting those little adjustments made during the coming months."

Tess Schofield got her platform list going early last year, and didn't let up until the season was over. After struggling on her first opportunity on tower, Schofield went on to win at the Minnesota



and Texas Invites, and at the Pac-10 and NCAA Zone E Championship Meets. This included a sixth-place finish on three meter at the Conference Championships. "Tess' strength is in her discipline and ability to be accurate. She is a terrific role model both in and out of the water. I can't wait to see where this year takes her."

Also returning are juniors Brittany Hill and Shannon Pirozzi. Hill looks to get back to her freshman year form on platform and regain a berth in the final at the Conference meet. Pirozzi looks to build on last summer's new found success after competing at last spring's West JO National Championship and first ever final at a Senior Zone meet during the summer. "We will need both of these ladies to make big strides in order for them to step into the spots left available by Sara and Amanda's departures."

Finally, Morgan Erpenbeck returns from wrist surgery to help shoulder some of the load lost. "Morgan did everything right this past summer. Missing a huge chunk of the season wasn't optimal, but I am looking forward to seeing just how far back into it we can get her by March."

Laura Winn bolsters the group's final spot, as a true freshman from Lafayette, CA. Laura was a competitive gymnast for many years prior to turning to diving and will look to add depth to the Bruin squad this season.

# 200b-07 Season Review

During the 2006-07 swim and dive season, the Bruin women saw their highest team finish at the NCAA Championships since the 2003-04 season (when they were 7th). They wrapped up the year with a 15th-place showing at NCAA's as seniors Katie Nelson and Katie Arnold, and sophomore diver Marisa Samaniego led the way with top performances in their respective events. Nelson broke her own school record in the mile to finish fifth in the event (16:05.04), while Arnold (100 back, 53.67) and Marisa Samaniego (one-meter, 333.25) added sixth-place finishes in their events. Samaniego's performance also set a new school record on the one-meter board. In all, the Bruins picked up 10 All-American finishes during the meet.

At the Conference Championships, Nelson and sophomore diver Tess Schofield led the Bruin women to a fourth-place finish as both notched individual wins. Nelson won the 1650 free (16:09.08) for the second consecutive year, while Schofield grabbed her first conference win on tower with a score of 280.95.

During the dual meet season, the Bruins posted a record of 6-3 (3-3 Pac-10) with wins over crosstown rival USC, Arizona State, Oregon State, UC Santa Barbara and the University of San Diego. They suffered losses to Stanford, California and Arizona during the year.

### **Dual Meet Recaps**







The Bruins tallied eight event An unconventional swim/dive wins and set four meet records as Katie Nelson and Nicolette Teo posted double wins on the day.



The Bruins improved to 3-0 on the season with a win as UCLA notched 10 individual wins, two relay victories and set a new meet record. Four Bruins had double victories on the day - Anna Poteete, Chiemi Yamamoto, Jane Imagane and Amy Thurman.



W. 178-116

UCLA opened up home Pac-10 competition with a win over the Sundevils as sweeps in one-meter diving, the 200 breast and 400 free keyed the victory. Katie Nelson, Nicolette Teo and Anna Poteete each had double event wins.



The Bruins suffered their first loss of the season and fell to 2-1 in Pac-10 play as Katie Nelson, Sara Clark and Nicolette Teo led the team with individual event wins.



meet primarily comprised of relays saw the Bruins improve to 6-1 as Amanda Blong, Sara Clark and Shannon Hackett won individual events.



The Bruins fell to 2-2 in Pac-10 play in a loss to Stanford as Sara Clark and Katie Nelson led the team with individual event wins.



Cal was too much for the Bruins as UCLA fell to 2-3 in Pac-10 competition. The divers swept the 1M board behind Marisa Samaniego. Sara Clark and Nicolette Teo also posted event wins during the meet.



The Bruins capped off the dual meet season with a huge win over rival USC on the road. The divers swept both boards behind Sara Clark and Amanda Blong. Swimmers Anna Poteete, Katie Arnold, Katie Nelson and both the 200 medley and free relays were winners.

# 200b-2007 Dual Meet Team Results

Score				
Date	UCLA-Opponent	Opponent	Record (Conf.)	
October 13	W, 142-115/147-110	Oregon St./UCSB	2-0 (1-0)	
October 20	W, 174-84	San Diego	3-0 (1-0)	
November 10	W, 178-116	Arizona State	4-0 (2-0)	
November 11	L, 127-170	Arizona	4-1 (2-1)	
January 6	W, 104-57	UC San Diego	5-1 (2-1)	
January 19	L, 105-130	Stanford	5-2 (2-2)	
January 20	L, 96-165	California	5-3 (2-3)	
February 3	W, 152-148	USC	6-3 (3-3)	

### 200b-2007 Invitational Team Results

Date Place. Score Meet

November 17-19 8th, 119 points Minnesota Diving Invite

### 200b-2007 Post-Season Results

Pac-10 Championships - 4th, 1024.5 points

NCAA Championships - 15th, 55.5 points (10 All-American honors)

# Invitational Meet Recaps



### Trojan Diving Invitational

Amanda Blong was second on 1M and third on 3M, while Marisa Samaniego was second on 3M and third on 1M. Tess Schofield finished fourth on platform.



#### Minnesota Invitational

Tess Schofield won her first tower event, Marisa Samaniego placed second on 1M and Sara Clark was third on 3M to highlight the Bruin competitors.



### Texas Invitational

Tess Schofield won her second consecutive tower title and Katie Nelson won the 1650 free to highlight the Bruins in Texas.

# Post-Season Recaps



### Pac-10 Championships

Katie Nelson won her second straight 1650 free crown and Tess Schofield won her first tower conference title to lead the Bruins. Katie Arnold, Nicolette Teo and Nelson were the only Bruins to compete in the championship final of their events. In diving, Marisa Samaniego placed second on both 1M and 3M to lead the way for the



# NCAA Zone E Championships

Tess Schofield notched her fourth straight tower win and Marisa Samaniego finished third on 1M and fourth on 3M to advance to the NCAA Championships. Sara Clark and Amanda Blong also advanced with their fourth-place tie on 1M.



### NCAA Championships

Katie Nelson, Katie Arnold and Marisa Samaniego earned All-American honors with their performace at Nationals. Nelson was fifth in the mile free, Arnold tied for sixth in the 100 back and Samaniego was sixth on one-meter to help the Bruins finish 15th overall. Sara Clark (13th, 3M), Nicolette Teo (15th, 100 breast/14th, 200 medley relay), Amy Thurman (14th, 200 medley relay), Arnold (14th, 200 medley relay), Anna Poteete (14th, 200 medley relay), and Tess Schofield (13th, platform) earned All-american honorable mention honors with their performances.



**Gallagher Quick Facts** 

Coach and Assistant Coach for

Japan International Grand Prix

(2001, 2003)

Champions

**Assistant Coach** 

Has coached 19 Pac-10

Year

• 2007 World University Games Head

• Led UCLA to two Pac-10 team titles

• 2003 and 1990 Pac-10 Coach of the

2005, 1997 World University Games

1995 Assistant Coach of U.S.

Member Advisory Coaching

Staff for 1996 Olympic Games

National Junior Team

# Cyndi Gallagher Head Coach : : 20th Season : : UCLA '83

Cyndi Gallagher, one of the top college and club coaches in America, enters her 20th season as head coach of the UCLA Bruins this fall, having compiled an impressive won-loss record of 118-58-1. An intrinsic part of the UCLA athletic department for the past 27 years as a student-athlete, assistant coach and head coach, her dedication to UCLA swimming and diving and to her former and current athletes is unparalleled.

A 1983 graduate of UCLA, Gallagher had an illustrious career both as a school record holder for the Bruins and as a USA National Team member. Representing the United States in Europe, Japan and Australia, her National Team career was highlighted by winning a bronze medal in the 800-meter Freestyle at the 1979 World University Games in Mexico City. She also competed at the 1976 and 1980 Olympic Trials.

#### For The Record

Gallagher is one of the few coaches in the nation who coaches at her alma mater. A highly successful student-athlete for UCLA, she garnered All-American honors, set several school records and earned recognition as the university's "Most Valuable Athlete." As a coach, she has attained an even higher level, coaching Olympians, NCAA and USA national champions and many national team members.

Over the years, Gallagher has compiled an enviable record of success. In ten of her 19 years at the helm of UCLA women's swimming, her Bruins have finished among the nation's top ten teams. They've been among the top 15 teams in fifteen of those years, and they've never failed to earn a spot in the top 20.

#### **High Expectations**

Gallagher and her first-rate coaching staff have high expectations of their athletes, both in and out of the pool. These expectations, in turn, attract elite, intelligent, dedicated and well-rounded student-athletes.

Known for her strong work ethic and optimism, Gallagher leads by example. She inspires her athletes to believe in themselves and to follow their dreams, teaching them to be attentive to detail and to find a way to improve their swimming at every practice session. Gallagher also understands the importance of enjoying swimming and competing, and to embrace the process of becoming a great athlete. Part of being a successful collegiate athlete is learning how to balance all the requirements of being a student-athlete. Part of being a successful person once outside of the swimming world, is learning to do the same. Gallagher believes you can achieve anything you set your mind to, as long as you have the preparation and perspective, and have confidence in your abilities.

She also believes that teamwork and team unity are essential elements for success, citing them as key ingredients in the team's Pac-10 championship seasons of 2001 and 2003.

#### **Excellence in the Water...**

Producing Olympians is always among Gallagher's highest priorities. In 1996, she became one of the first female coaches to place an athlete on the U.S. Olympic team when Annette Salmeen qualified for the Atlanta Games in two events - the 200 Fly, which she won at the Olympic Trials, and the 800 Free Relay. Salmeen, who had already become Gallagher's first national collegiate champion when she won the 200-yard Fly at the NCAAs, went on to win Olympic gold as a member of the triumphant USA 800-meter Freestyle Relay.

Four years later, Gallagher placed another Bruin in the Olympics when Marilyn Chua, representing Malaysia, swam the 50-meter Free at the Sydney Games. In 2000 and 2004, the Bruins' Malin Svahnstrom represented her native Sweden at the Games, swimming in the 800m Freestyle Relay both times and coming away with a silver medal.

In addition to the Olympics, Gallagher has also placed many UCLA swimmers on international teams, including the World Championships, Pan-Pacific Games, World University Games, Goodwill Games and the Pan-American Games. More than a dozen U.S. and foreign National A and B teams have also featured swimmers coached by Gallagher.

All told, Gallagher has coached more than 60 All-Americans in her 19 years as head coach, and she has made her mark on national and international U.S. coaching staffs as well. She served on the advisory coaching staff for the 1996 Atlanta Olympics and was selected as assistant coach at the 1997, 2001, 2005 and 2006 World University Games. She also served as assistant coach for the 1995 U.S. National Junior Team that competed in Paris, the 1994 U.S. National Distance Camp and the 1993 US Olympic Festival.

All of that international coaching experience stood her in good stead when she was selected to serve as USA's head coach at the 2007 World University Games and the assistant coach for the Japan International Grand Prix.

During Gallagher's tenure at UCLA, her swimmers have completely rewritten the school record book and 20 different Bruins have won at least one event at the Pac-10 Championships. But it's not just the crème de la crème who thrive under Gallagher's guidance. The NCAA qualifying standards are notoriously tough, but year after year Gallagher's NCAA squads boast among the highest number of participants at the NCAA Championships.

Gallagher is also proud of the composition of the team that qualifies for the NCAAs, a team that, more often than not, includes several "walk-ons" who have gone on to be NCAA All-Americans. Most recently, former walk-ons Bethany Goodwin and Kristen Lewis distinguished themselves by scoring at the NCAAs as Goodwin scored in the 100 Fly and Lewis in both the 100 and 200 Fly. Also, Lewis was a semifi-finalist at the 2004 Olympic Trials in the 100 and 200 Fly and Goodwin went on to make several U.S. National teams and set a World University Games record while winning the 50 fly in Beijing in 2001.

### ...and in the Classroom

Gallagher's commitment to excellence in the classroom is shown in her student-athletes' many academic achievements. Exhibit A, of course, is NCAA Champion and Olympic gold medalist Annette Salmeen, who was named a Rhodes Scholar – UCLA's eighth-ever and first since 1973 - and



# Head Coach Cyndi Gallagher

also earned an NCAA Postgraduate Scholarship. Even while she was working on advanced graduate work at Oxford, Salmeen stayed involved in swimming as an elected Athlete Representative for USA Swimming.

During her magical senior year in 1996, Salmeen won two Pac-10 titles (100 and 200-yard fly) and was named UCLA Female Athlete of the Year and Alumni Association Outstanding Senior. She also received the NCAA Top VIII Award, presented to only eight NCAA student-athletes annually for excellence in academics and athletics. In addition, Salmeen was a NCAA Woman of the Year finalist. During her Bruin career, she was a two-time team MVP, named the team's hardest worker on three occasions, voted most inspirational twice and graduated with UCLA records in 200 butterfly, 200 free and 500 free. Salmeen graduated from UCLA with honors in chemistry (3.94 GPA) in 1997 and earned her PhD in biochemistry at Oxford in 2001. She is currently conducting post doctoral research in molecular pharmacology at Stanford University Medical School. In October, 2006, Salmeen was inducted into the UCLA Athletics Hall of Fame

More recently, Keiko Price, Brighed Dwyer, Katie Younglove and Kristen Lewis were also honored with coveted NCAA Postgraduate Scholarships; Katie Younglove was named a Verizon Academic All-American; and numerous Bruins have received Pac-10 All-Academic recognition. It's no accident that the Bruin swimmers are consistently represented on the Athletic Director's Honor Roll, while year after year the team boasts the highest team grade point average among all Bruin teams (it is also higher than the average gpas for non-athletes).

Gallagher's ultimate goal in coaching is to have each athlete reach her full potential, both as an athlete and as a person. She is most proud of her former athletes for their accomplishments and contributions to society after graduating from UCLA. Gallagher's swimmers have gone on to earn Masters degrees and PhD's, and to become successful teachers, lawyers, scientists, doctors, engineers, business women, ministers and mothers.

#### **Recent Years**

**2000-2001:** In 2001, Coach Gallagher's fired-up Bruins notched their first-ever Pac-10 team title when they upset favored Stanford as well as perennial challengers Arizona, Cal and USC.

That summer Bruin swimmers were successful on the international level as well, as Bethany Goodwin and Sara Platzer represented the United States at the World University Games in Beijing. Goodwin struck gold in the 50m Butterfly, setting a new Games record of 27.18, as well as winning a silver medal in the 400m Medley Relay. Platzer just missed a medal by .01 in the 50m Freestyle, placing fourth in 26.03. Gallagher was chosen to be on the coaching staff for the Games, but had to decline due to family commitments.

**2001-2002:** In 2002, the Bruins qualified 12 swimmers for the NCAA Championships, one of the largest squads at the meet. Nine of those women earned All-America honors as Sara Platzer, a five-event All-American that year, and Malin Svahnstrom, a four-event All-America, led the way.

**2002-2003:** The next year produced an impressive, record-breaking season for the Bruins, as Coach Gallagher led UCLA to its second Pac-10 title in three years. It was only the third time that a school other than Stanford had captured the conference title. Arizona did it once, while Gallagher's Bruins have pulled off the feat twice. Coach Gallagher received Pac-10 Coach of the Year honors, while freshman Kim Vandenberg was named the Pac-10 Newcomer of the Year. At the NCAA Championships, the Bruins set new school records in the 400 and 800 Free Relays (3:19.77 and 7:14.76, respectively) and had nine All-Americans for the second consecutive year en route to an 11th-place finish.

In international competition, Sara Platzer represented the United States at the World University Games in Daegu, South Korea. Competing in the second WUG of her career, Platzer placed fourth in the 50m Free in 25.97. At the FINA World Swimming Championships in Barcelona, Malin Svahnstrom swam the 200m IM and anchored Sweden's sixth-place 800m Free Relay.

**2003-2004:** Coach Gallagher's Bruins enjoyed another successful campaign in 2004 as six of the team's 10 seniors qualified for the NCAA Championships - Leslie Hovsepian, Kristen Lewis, Jackie Lobdell, Sara Platzer, Malin Svahnstrom, and Naoko Watanabe. In all, 10 athletes earned All-American honors, 13 qualified for the NCAAs and 10 qualified for the U.S. Olympic Trials. UCLA finished second at the Pac-10s, just behind Stanford.

In the Olympic year of 2004, the NCAAs were swum in a 25-meter pool while most meets, including the Pac-10 Championships, utilized a 25-yard facility. With double the opportunity to set records and the added incentive of making the Olympic Trials cuts, the Bruins virtually rewrote the school record book: School records in 11 individual events and seven relays bit the dust. Ten of those marks were broken at the NCAA Championships, where the Bruins finished seventh overall.

During the summer of 2004, UCLA qualified 10 athletes for the U.S. Olympic Trials and sent Malin Svahnstrom to Athens representing her native Sweden. That summer also saw junior Kim Vandenberg become UCLA's first U.S. national champion since Annette Salmeen in 1996, when she won the 200-meter Butterfly, the same

THE (	GALL/	\GHEF	r Log	
Year	Overall	Pac-10	Conf. Finish	NCAA Finish
2006-07	6-3	3-3	4th	15th
2005-06	7-3	3-3	2nd	20th
2004-05	6-3	3-3	4th	18th
2003-04	8-2	6-2	2nd	7th
2002-03	5-4	2-4	1st	11th
2001-02	9-5	2-5	5th	17th
2000-01	6-3	3-3	1st	15th
1999-2000	5-4	2-4	4th	8th
1998-99	6-4-1	1-4-1	5th	16th
1997-98	2-6	0-5	5th	13th
1996-97	6-3	2-3	5th	14th
1995-96	4-3	2-3	2nd	11th
1994-95	6-5	3-2	2nd	10th
1993-94	7-2	3-2	4th	7th
1992-93	7-1	4-1	2nd	7th
1991-92	6-2	3-2	2nd	6th
1990-91	7-2	3-2	3rd	5th
1989-90	7-2	3-2	3rd	5th
1988-89	9-1	4-1	3rd	T-6th

event Salmeen had won eight years earlier.

**2004-2005:** The 2005 season produced another strong campaign for the Bruins, with six women garnering All-American honors: Katie Arnold, Katie Nelson, Eileen Seissen, Nicolette Teo, Amy Thurman and Kim Vandenberg. Vandenberg and Arnold both finished in the top-8 at NCAAs, with Vandenberg placing third in the 200-yard Butterfly (1:55.08) and Arnold finishing eighth in the 100 Backstroke (54.30).

Vandenberg also qualified for the World University Games, where Gallagher was chosen to serve as an Assistant Coach for Team USA. At the Games, held in Izmir, Turkey, Vandenberg gave Olympic champion and world record-holder Otylia Jedrzejczak of Poland all she could handle in the 200 Fly. Vandenberg battled the Pole stroke-for-stroke through 200 meters, placing a very close second to the world champion in a lifetime-best 2:10.40.

**2005-2006:** Led by 16-time All-American Kim Vandenberg, the Bruins finished second at the Pac-10 Championships, their highest finish since the 2003-04 season. Vandenberg was the NCAA runner-up in the 200 Fly, and placed eighth in the 100 Fly at NCAAs. Katie Nelson, who finished eighth in the 1650 Free at the NCAA Championships, cruised to the Pac-10 title in that event by a margin of nearly eight seconds. During the dual meet season, UCLA posted a record of 7-3 (3-3 Pac-10), losing just one meet at home.

Vandenberg blossomed in the summer of 2006, winningthe 200-meter Butterfly at the U.S. National Championships, and chopping nearly two seconds off her previous lifetime best with a brilliant 2:08.51. The performance, which ranked her first in the U.S. and sixth in the world for 2006, placed Vandenberg on the U.S. National A Team and earned her a spot on the USA's PanPacific team, as well as a berth on the U.S. roster for the 2007 FINA World Championships.

**2006-2007:** Katie Nelson won back-to-back 1650 Freestyle Pac-10 titles and culminated her career with a fifth-place All-American finish in the mile race at the NCAA Championships. Katie Arnold also had a fine finish to her career with a sixth-place finish in the 100 Back at Nationals. Nicolette Teo (100 Breast, 15th) and the 200 Medley Relay team of Arnold, Teo, Amy Thurman and Anna Poteete earned All-American honors with their 14th-place finish at NCAA's as the Bruins finished 15th overall.

During the spring and summer, alumnae Kim Vandenberg earned a silver medal in the 200 Fly at the FINA World Championships in Sydney Australia. Her time of 2:06.87 ranked second in the world behind world record-holder Jessica Schipper of Australia. She will continue to train for the 2008 Beijing Olympics with Gallagher.

### Away from the Pool

Coach Gallagher's life away from the pool revolves around her family and friends. She has a 21-year-old daughter, Tori, a senior at the University of Colorado in Boulder. Gallagher resides on the beautiful beach of Marina del Rey.

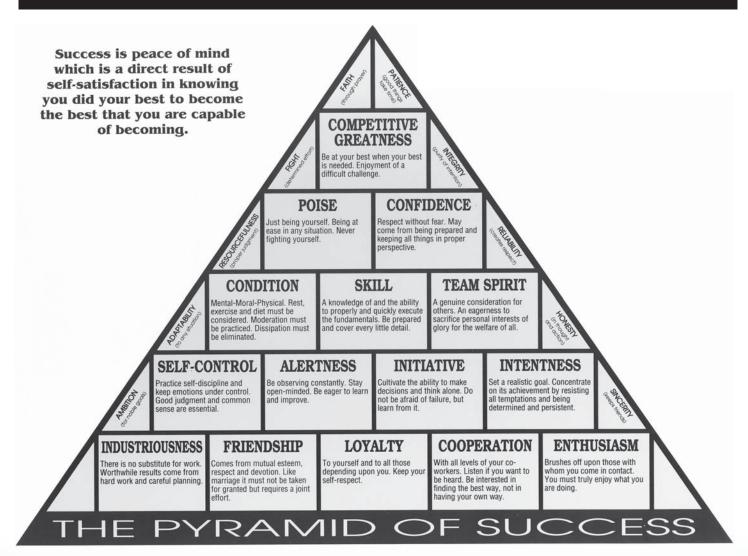
# Head Coach Cyndi Gallagher

"I have tremendous respect for Coach Wooden and have learned so much from him and his 'Pyramid of Success,'" said UCLA head coach Cyndi Gallagher. "Every athlete on our team is given a 'Pyramid of Success.' We discuss, as a team, how each of the blocks can make us better athletes, better teammates and better people. Coach Wooden's philosophy is an inspiration to us as we strive to be the best we can be."



Coach John Wooden (center) with 1996 U.S. Olympian and 2006 UCLA Hall of Fame inductee Annette Salmeen (left) and UCLA head coach Cyndi Gallagher (right).

# THE JOHN WOODEN PYRAMID OF SUCCESS



# Assistant Swim Coach Erika Hansen



# Erika Hansen

Assistant Coach :: Third Season :: Texas '93

Erika Hansen enters her third season with UCLA after a successful first two campaigns with the Bruins. Under Coach Hansen's guidance, the Bruin distance swimmers produced top finishes throughout the year, highlighted by junior Katie Nelson's second consecutive Pac-10 title and All-American performance in the 1650-yard free-style. During the dual meet season, Nelson also notched two victories in the 500 and 1000 Freestyle, while at the NCAA Championships, the 200 Medley Relay earned All-American honors.

#### **Prior to UCLA**

In 2004-2005 Hansen served as an assistant coach for the women and men's teams at the University of Maryland, where she helped coach the women to their first-ever ACC title. She also coached a first-time NCAA All-American, Elizabeth Lavell, and a first-time NCAA Championships competitor and ACC Championship High Point winner, Chrissy Miller.

From 1997 to 2003 Hansen was an assistant coach at the University of Southern California, where she assisted in coaching many Olympians and national team members. These athletes included swimming greats, Lenny

Krayzelburg, Lindsay Benko, Kaitlin Sandeno and Erik Vendt. Hansen also was a coach at the Jordan, Jager and Evans Gold Medal Swim Clinics and served as a graduate assistant coach at the University of Florida from 1994-96.

### 2-Time Olympian and 5 Time National Champion

A member of the U.S. Olympic Team in 1988 (400 IM) and 1992 (400/800 free, 400 IM), Hansen placed third in the consolation finals of the 400 IM in 1988 in Seoul. Four years later at the Barcelona Games, she placed fourth in the 400 freestyle, seventh in the 800 free and 10th in the 400 IM.

Hansen was also a five-time U.S. national champion, winning individual titles in 1984 in the 200 fly and 400 IM; in 1985 in the 400 IM; in 1990 in the 400 IM; and in 1991 in the 200 fly. She still holds team records at the University of Texas in the 500-yard freestyle (4:37.70), 400-yard IM (4:10.10) and 400-meter IM (4:40.80). Her 200m IM national age group record for 13-14 year olds (2:17.09) set in 1984, lasted for 11 years, while her 400m IM mark (4:45.58), set that same year, stood for 20 years and was only recently broken by Katie Hoff.

As a collegiate swimmer, Hansen spent her freshman year at the University of Georgia, where she won the 1650-yard freestyle (16:00.04) at the NCAA Championships and was Georgia's first NCAA Champion in women's swimming. After transferring to the University of Texas, she won another individual NCAA title – this time in the 500-yard free (4:37.73) – helping the Longhorns win two NCAA team championships. Hansen also earned the Longhorns' Most Improved Swimmer Award, was a Barbara Jordan Scholarship Award recipient in 1992 and was named the Southwestern Conference's Most Valuable Swimmer in 1991.

Hansen graduated from the University of Texas in 1993 with a degree in Psychology, and received her Masters degree in Sport Management from the University of Florida, where she also trained and coached.

#### "No Limits"

Hansen adds a vast reservoir of international swimming and coaching experience to the UCLA coaching corps, an addition that delights Coach Gallagher. "We are very fortunate to have Erika as a member of our UCLA coaching staff," she said.

As a successful, experienced coach as well as a two-time Olympian and NCAA champion, Hansen's passion for winning and commitment to the sport inspires and motivates the Bruins.

"One of Erika's strengths as a coach is her ability to communicate her experiences as an elite athlete to the team. She understands the ups and downs through which athletes go in their careers. She also knows how to turn disappointments into challenges, and challenges into opportunities," said Coach Gallagher.

As a two-time Olympian and NCAA champion, Erika thinks differently than most people. She sees no limits - which is one reason why she was so successful as an athlete and has been successful as a coach and leader. Coach Gallagher sums it up: "Erika teaches the team how to think like a champion."

"Our personalities complement each other well, on and off the deck," said Coach Gallagher. "We work together as a team to help each student-athlete reach her full



# Dive Coach Tom Stebbins



# Tom Stebbins

Diving Coach:: 10th Season:: Yale '96

Tom Stebbins enters his 10th season as the head coach of the UCLA women's diving team, a program that has had much success since his tenure in Westwood began.

Before coming to UCLA, Stebbins served as Head Coach at Fordham University, where he coached two-time senior national qualifier Paul Delo, who won two Atlantic-10 titles each on the one-meter and three-meter. Stebbins also helped coach Delo to an undefeated record in the 1996-97 season.

#### Coach Stebbins' Background

Stebbins was a four year letter-winner at Yale University, a three-time NCAA Zone qualifier and a four-time All-lvy League selection. While diving at Yale, he helped lead his team to the 1993 lvy League co-title. In 1996 he won the Heaton High Point Award and was named the recipient of the Phil Moriarty MVP Prize. Stebbins graduated from Yale in 1996 with a degree in Psychology. A native of Connecticut, he now resides in Westwood.

### The Stebbins Philosophy

"Luck sits squarely at the intersection of hard work and opportunity."

Coach Stebbins believes that each person is in total control of creating her own luck. The UCLA Diving program stresses the need for the individual to be accountable to herself, her teammates, her sport, and her studies. With all of the wonderful opportunities presented to student athletes at UCLA, it is important that each person know that she is responsible for the decisions and directions that she chooses. This is the beginning of a lifelong process in which the student athlete learns how to maximize herself academically, athletically, and socially. While the coaching staff hopes to steer this direction, it is the student athlete, herself, who ultimately controls the accelerator.

Coach Stebbins believes, "We are all very fortunate to be part of one of the greatest athletic programs in the country. How we choose to give back to that tradition should go well beyond the few moments each individual will spend competing in the Bruin Blue. Becoming a Bruin is just the beginning of a lifelong commitment to creating excellence in every facet of your life. As coaches, we are all here to enhance the early stages of that process, through our passion, dedication, and enthusiasm for the people whose lives we have the opportunity to touch."

### On the Record

In his first season at UCLA, Stebbins guided sophomore Anne Baghramian to the 1999 NCAA Championships and a third-place showing on the one-meter at the NCAA Zone E Diving Championships. That summer, he helped Baghramian to a fourth-place finish at the U.S. Senior Zone D meet, which qualified her for her first U.S. Senior Nationals on three-meter. His first recruiting class included two Senior Nationals qualifiers: Regan Gosnell and Heidi Prosser.

Coach Stebbins's ophomore campaign was just as successful as his freshman season. He guided Gosnell to her third and fourth consecutive Senior National meet and her first Senior National semifinal. Just as in his first year, he recruited an

exceptional group of divers, including a Junior Nationals finalist and a Senior Nationals qualifier.

In his third season at UCLA, Stebbins helped coach the Bruins to the 2001 Team Pac-10 Championship. He guided senior Anne Baghramian to the NCAA Championships and a fourth-place finish on three-meter at the NCAA Zone E meet. Stebbins also coached Heidi Prosser and Regan Gosnell to the Senior National meet in the summer of 2001, where Gosnell finished in 12th place on the 10-meter platform.

In 2002, Stebbins 4th season, for the first time during his tenure at UCLA, all of Stebbins' divers qualified for the NCAA Zone Championships. At Zones, Heidi Prosser qualified for the NCAA Championships, where she placed 21st on the three-meter springboard.

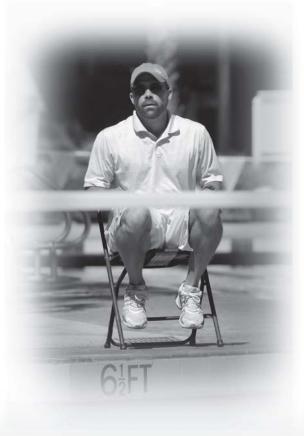
Stebbins'fifth season at the Bruins'helm, 2003, was very successful. For the second consecutive year, all of his divers qualified for the NCAA Zone Championships. There, senior Regan Gosnell placed fourth on the one-meter, fifth on three-meter and seventh on platform, qualifying for the NCAA Championships in all three events. At the NCAA Championships, Gosnell became Stebbins' first All-American diver, earning All-America recognition on platform (eighth) and three-meter (15th).

Three of Stebbins' divers found success at the 2003 Summer Nationals: Gosnell placed seventh on  $the \ platform. Janine \ Strack \ competed \ on \ platform, where \ she \ placed \ 28th. Paige \ Thompson, diving$ in her first Senior Nationals, advanced to the semifinals of the three-meter, placing 16th, and the quarterfinals of the one-meter, where she took 15th.

During the 2004 season, Stebbins coached sophomore Paige Thompson to an automatic berth at the NCAA Championships, where she finished 31st (3-meter) and 33rd (1-meter), respectively. Each of his divers finished in the top-16 at the Pac-10 Championships, helping the Bruins to a second-place conference finish.

In the summer of 2004, Stebbins coached Thompson to a sixth-place finish on three meter and a seventh-place finish on one meter at the U.S. Senior National Championships, earning her a spot on the Senior National Diving Team. He also coached Amanda Blong and Janine Strack to a sixth-place finish on the synchronized three-meter springboard at the Senior National Championships.

Also during the summer of '04, Stebbins led Regan Gosnell to a 15th place finish in the women's



### Stebbins Quick Facts • Coached All-American and school re-

- cord holder Marisa Samaniego (3M) Coached Tess Schofield to the Pac-10
- tower and NCAA Zone D tower crown
- Coached back-to-back Pac-10 Freshmen of the year: Brittany Renfrow (04-05) and Marisa Samaniego (05-06)
- · Coached Paige Thompson to a sixthplace finish at U.S. Nationals and a spot on the U.S. National Team in 2005
- Coached two-time Bruin All-American and school record holder Regan Gosnell to a 15th-place finish at the U.S.
- Olympic Trials on the platform in 2004 Helped coach the Bruins to the 2001 and 2003 Pac-10 Championship titles

# Stebbins cont'd/Support Staff

10-meter platform event at the United States Diving Olympic Trials, held in St. Louis. Gosnell was the first female diver ever to

represent UCLA at the Olympic Trials and the first Bruin to take part since the summer of 1988.

The 2004-05 season was another impressive year for the diving squad, as four divers qualified for the NCAA Zone E Championships and freshman Brittany Renfrow was named Pac-10 Newcomer of the Year.

The Bruin divers had five Top-10 finishes at the Zone meet, highlighted by Paige Thompson's seventh-place finish on the one-meter (520.55) and Amanda Blong's ninth-place finish on the three-meter (456.75). At Pac-10's, the divers posted six more top-10 performances: Blong (4th, 1M); Thompson (8th, 1M and 9th, 3M); Renfrow (8th, 3M); and Janine Strack (9th, Platform and 10th, 1M).

In the Spring of 2005, Renfrow showcased her enormous potential, placing 11th on the three-meter at the U.S. Open Championship in her first senior final as a Bruin. At the Senior National Championships, Renfrow placed sixth on the three-meter while Blong, co-captain in 2005-06, finished 13th and Thompson was 17th.

Stebbins and the Bruin divers had another successful year in the 05-06 season highlighted by freshman Marisa Samaniego's inclusion in the NCAA Championships. Samaniego earned Pac-10 Newcomer of the Year award (the second consecutive

season a Bruin diver earned the honor) after an impressive first campaign at UCLA. Sara Clark and Tess Schofield were also named alternates for the NCAA Championships after a strong showing at the NCAA Zone E Championships. The group's victory at the Pac-10 Diving Championships was the second in the program's history (2001), helping swimming finish second in the overall championship and capped a very exciting NCAA season.

The hot streak continued in the spring and summer as Tess Schofield placed 7th in the Platform event at the U.S. Open Championships in April. Last August, the Bruins were represented in four out of five events at the Senior National Championships. Amanda Blong and Sara Clark finishing third in the Three Meter Synchronized Springboard event highlighted the meet for the Bruins. Blong also finished 10th on One Meter, while Schofield finished 15th on Platform and Samaniego finished 17th on One Meter and 24th on Three Meter to help the Bruins to a ninth-place team finish at the meet.

In the 2006-2007 season, the Bruin divers thrived with incredible success as Marisa Samaniego earned All-American honors on one-meter (sixth) and Tess Schofield notched honorable mention All-American honors with her 13th-place finish on tower. Sara Clark (13th on 3M) and Amanda Blong rounded out the group of four athletes who represented UCLA at the NCAA Championships. This was quite a feat for UCLA and put on display the depth and talent of this squad. Great things started





Dr. Brian Campbell enters his sixth year as the Bruins' massage therapist.

Dr. Campbell has been a staff member with the USA National swim team and most recently was the massage therapist for the 2007 World University Games in Bangkok, Thailand and at the Japan International Grand Prix. He also served as the chiropractor and massage therapist for the 2004 U.S. Olympic Swimming team in Athens, Greece and was with the U.S. team at the 2003 FINA World Swimming Championships in Barcelona, Spain. He also was on staff for the 2001 Goodwill Games in Brisbane, Australia and the 2002 Pan Pacific Championships in Yokohama, Japan. In 2007, Campbell joined Cyndi Gallagher as a member of the staff for the World University Games and also served on the staff for the World Championships in Australia.

Prior to receiving his Doctor of Chiropractic from the Los Angeles College of Chiropractic, Campbell had 11 years of experience as a massage therapist. He was a master teacher at the Touch Therapy Institute, where he taught anatomy/physiology, ethics, sports massage, deep tissue massage, trigger point therapy and in-office massage. Dr. Campbell also directed the Institute's sports massage team.

In addition to working with the swimming and diving teams, he also attends to the UCLA gymnastics and tennis teams. He is a member of the USA Swimming Sports Medicine council and is currently completing his certification as a chiropractic sports physician.





Vandenberg is in her second season as an assistant after served as the undergraduate assistant last season. This past year, Vandenberg has come on as one of the top butterfly swimmers in the world and highlighted her season with a silver medal finish in the 200 fly at the FINA World Championships. Her time at that meet was No. 2 in the world, ranking only behind world record-holder Jessica Schipper of Australia. She competed in several international events throughout the summer of 2007 as a member of the U.S. swim team.

Vandenberg was the U.S. Summer National Champion in the 200 Fly in 2006, earning her a spot on the PanPacific team roster. She swam the sixth-fastest time in the world in the 200 Fly during the summer, helping her to be named to the 2007 FlNA World Championship team after a successful 2006 season. In 2005, she earned a silver medal at the 2005 World University Games in the 200 Fly.

During her illustrious career as a Bruin, Vandenberg emassed 16 All-American honors, culminating in her second-place finish in the 200 Fly at the NCAA Championships in 2006. In her last season at UCLA, Vandenberg was undefeated in dual meet competition in her signature event, the 200 Fly.

Vandenberg graduated with a degree in History in 2007 and will help coach the Bruin swimmers while continuing to train for the Beijing Olympic Games with Cyndi Gallagher.





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The UCLA swimmers and divers would like to thank the Bruin Sharks for their support of the UCLA Bruin Swimming & Diving program. We know that without your support and contributions we would not be where we are today. Thank you!

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### Jennifer (Hammond) Kulberg

### Samantha (Strong) Lahanas

Steve & Janet Laver

# Karla (Goltman) Lyon

Dick & Jill Lyons

Dianne Masluk

Ralph & Jaime Mayo

# Ryan & Kristy (Heydanek) McGuire

#### Karen Melick

Lisa (Hecker) Meller

Charlie & Marjorie Miesner

Tom & Cynthia Nalevanko

Jack & Kerry Nelson

### Jennifer Noddle

Richard Noeth

John & Lewanna Pirozzi

Mark & Mary Poteete

Bart & Beatrice Reinhard

**Annette Salmeen** 

Luis & Meg Samaniego Clay & Karen Scarborough

## Kim Scarborough

Maria & Doug Schick

Charles & Sharon Schofield

### Gwen (Lehman) Severson

**Lindsey Smart** 

Rob and Terri Stanton

# Greg & Miranda (Walz) Stratford

# Dr. Jenny R. Susser

Adrian & Doreen Teo

Greg & Maria Thurman

# **Kristen Tinney**

### Elizabeth (Roen) Toomey

Yoshio & Michiyo Watanabe

Tully & Jacqueline Wiedman

# **Britt (Williams) Willard**

Bob Wong & Lynda Rush

**Sharon Wong** 

### Janet Worthington\*

Sandra & Peter Young/O'Keefe

\* Bold indicates swim/dive alumni

**Bold** indicates UCLA Swimming and Diving alumni